NEW! mHealth Research Core

Need help conducting your research in the wake of COVID-19? The mHealth Research Core can help!

The mHealth Research Core is a network of researchers with a common interest in mHealth research, including the use of sensors, native or web-based apps, social media, and/or other smartphone technology to measure and improve health research and outcomes.

In the wake of COVID-19 and its disruptive effects on our society, mHealth research is more urgent than ever. Using e-consent and remote tools, researchers can carry out recruitment, assessment, and interventions.

MHRC offers three avenues of support:

1. **FREE CONSULTS**. Any faculty postdoc or graduate student may request a consultation concerning strategic, scientific, regulatory and technical advice. Request a consult through the website: mhealth.wustl.edu.
2. **WEBSITE**. mhealth.wustl.edu
   o navigational tools for the WashU mHealth researcher
   o how to use WashU resources
   o getting through WashU regulations & regulatory requirements
   o identifying local tech partners & how to work with them
   o recent mHealth publications & resources
   o important meeting, conference & workshop announcements
   o reviews of apps
3. **MEETINGS**. 90-minute meetings held every 6-8 weeks. Open to everyone.
   o learn about new resources and trends in mHealth research
   o provide peer support and review of ideas, aims pages, papers, and grant proposals
   o plan joint projects
   o consult with preferred vendors and tech experts

If you have questions or would like to be added to our list serve, email Stephanie at brownsj@wustl.edu.

Background: To expand mHealth research at WashU, the Institute for Clinical and Translational Sciences (ICTS) established the mHealth Research Core (MHRC) in partnership with the Institute for Informatics (I2), the Healthcare Innovation Lab, and the Healthy Mind Lab.

Leadership Team
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